

- A 54-year-old woman who completed cancer treatment 3 months ago tells you she is having a root canal later this week. Which of the following therapies could put her at risk of osteonecrosis of the jaw?
  - antiemetics
  - potassium or magnesium supplements
  - bisphosphonates
  - tamoxifen
- A 65-year-old woman with osteoarthritis tells you she was treated for cancer with cisplatin chemotherapy 10 years ago. Based on that history, which of the following would you most likely advise her to avoid?
  - NSAIDs such as ibuprofen or naproxen
  - hydrocodone with acetaminophen
  - capsaicin topical cream
  - glucosamine-chondroitin
- Which of the following statements is true?
  - An association exists between testicular cancer and erectile dysfunction.
  - An association exists between testicular cancer and dysplastic nevi syndrome.
  - Patients treated with cisplatin chemotherapy have an increased risk for basal cell skin cancers.
  - Testicular cancers occur in young men, therefore they have no increased risk for cardiovascular disease.
- All of the following are recommended for breast cancer survivors EXCEPT:
  - endometrial biopsy for patients who take tamoxifen
  - mammography of remaining breast tissue
  - annual CT and bone scans
  - colorectal screening
- Chemotherapy with anthracyclines increases the risk for:
  - incontinence and sexual dysfunction
  - heart failure
  - bone and muscle pain
  - nephrotoxicity and hypertension
- All of the following side effects are common with taxanes EXCEPT:
  - heart failure
  - hearing loss
  - pulmonary fibrosis
  - peripheral neuropathy
- Which of the following is true about prostate cancer survivors?
  - The presence of detectable prostate-specific antigen (PSA) after radiation therapy can only indicate cancer recurrence.
  - Detectable PSA after prostatectomy could be related to benign prostatic hyperplasia and should not be alarming.
  - Low testosterone and low PSA increase bone mineral density.
  - A detectable PSA after prostatectomy indicates prostate cancer recurrence.
- You are seeing a 77-year-old man who complains of memory changes. His history reveals progressive metastatic prostate cancer treated with hormone ablation and chemotherapy 3 months ago. Which of the following would be your best assumption about his memory problems?
  - He should have recovered from chemotherapy; but he is 77, so he must have some degree of dementia.

- He is suffering emotionally with his progressive prostate cancer, and his symptoms will improve as he adjusts to his situation.
  - Hormone ablation and chemotherapy may result in long-term cognitive changes
  - Prostate cancer often metastasizes to the brain and may be the cause of his memory changes.
- Which of the following statements is true?
    - For all cancer survivors, depression and anxiety resolve within the 2 years after treatment.
    - Most cancer survivors retain some degree of fear about cancer recurrence.
    - Symptoms of cancer treatment resolve quickly after treatment, therefore survivors can expect a return to normal in terms of work, relationships and role function.
    - Psychological counseling is rarely needed after successful cancer treatment.
  - Which of the following recommendations would you give a cancer survivor?
    - Stress the importance of and provide guidelines for following a healthy, well-balanced diet and regular physical activity.
    - Suggest a cancer prevention diet is no longer required since the patient has already been diagnosed with cancer.
    - Discourage physical exercise due to the patient's ongoing fatigue.
    - Suggest the use of oral tobacco instead of smoking to preserve lung function.

### Evaluation

- I can state the primary care implications of cancer survivorship.
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree
- I can discuss screening strategies for surveillance of recurrence.
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree
- I can describe late effects of cancer treatment.
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree
- The objectives relate to the overall goal of the article.
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree
- The article is well-written and logically organized, and defines terms adequately.
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree

# Cancer: After the Cure

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#### EVALUATION

- A B C D E
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