

Learner Feedback Questions #312

1. Which of the following statements about people with BPD is accurate?

- a. There is no genetic basis for the disorder.
- b. Those affected welcome interventions to help them feel better.
- c. People with BPD often are said to be "overly sensitive."
- d. Most clinicians are comfortable treating patients with BPD.

2. The best definition of dissociation in a person with BPD is:

- a. periodic losses of memory
- b. isolative behaviors
- c. losing touch with reality
- d. inability to maintain control when angry

3. Prior to age 18:

- a. it is rare to see a patient with BPD symptoms
- b. clinicians are hesitant to make the diagnosis of BPD
- c. most adolescents have already been diagnosed with BPD
- d. most diagnosed patients are male

4. Which of the following is NOT a marker for BPD in the DSM-IV-TR?

- a. frantic efforts to avoid real or imagined abandonment
- b. recurrent suicidal behavior, gestures or self-injurious behaviors
- c. chronic feelings of emptiness
- d. rigid behavior patterns to maintain stability

5. Approximately what percentage of patients with BPD succeeds in suicide?

- a. less than 5 percent
- b. 10 percent
- c. 25 percent
- d. more than 50 percent

6. The behavior clinicians find the most perplexing and difficult to address in the plan of care for people with BPD is:

- a. sexual acting out
- b. eating disorders
- c. suicide and self-injurious behaviors
- d. substance abuse tendencies

7. Hollander's approach to helping teens who cut focuses on:

- a. recognizing the self-soothing nature of the behavior
- b. continuity with staff or therapist to probe the "why" of the behavior
- c. reinforcing to the patient that it is inappropriate behavior
- d. setting limits and letting the teen know consequences of cutting

8. Dialectal behavior therapy for patients with BPD focuses on assisting patients to accept and validate current coping behaviors and includes:

- a. medication therapy
- b. cognitive behavioral therapy
- c. long-term one-on-one therapy
- d. psycho-education skill training

9. Healthcare professionals who work with people with BPD often label them as:

- a. laconic
- b. depressed
- c. manipulative
- d. chronically angry

10. Prescribing medication for a patient with BPD is:

- a. not indicated because of suicide risk
- b. limited to mood stabilizers
- c. contraindicated if the patient has impulsive tendencies
- d. started during hospitalization, if indicated

Evaluation

1. I can identify symptoms of BPD.

- a. strongly agree
- b. agree
- c. neutral
- d. disagree
- e. strongly disagree

2. I can discuss suicidality and self-harm in BPD.

- a. strongly agree
- b. agree
- c. neutral
- d. disagree
- e. strongly disagree

3. I can describe the treatment plan for a patient who displays traits of BPD.

- a. agree
- b. disagree
- c. neutral
- d. disagree
- e. strongly disagree

4. The objectives relate to the overall goal of the article.

- a. strongly agree
- b. agree
- c. neutral
- d. disagree
- e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.

- a. strongly agree
- b. agree
- c. neutral
- d. disagree
- e. strongly disagree

Borderline Personality Disorder

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- 10. A B C D

EVALUATION

- 1. A B C D E
- 2. A B C D E
- 3. A B C D E
- 4. A B C D E
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Minutes: _____

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