Learner Feedback Questions #313

1. Which of the following statements about complementary and alternative medicine (CAM) is true?
   a. Interventions are used when conventional interventions fail.
   b. CAM has made little gain in mainstream medicine.
   c. The practices deal with adjusting internal influences rather than external ones.
   d. The focus is to maintain homeostasis in the body and mind.

2. Chiropractic treatments are contraindicated in patients:
   a. who are older than 65
   b. who are in a poor nutritional state
   c. who have osteoporosis
   d. who had general surgery within the past 6 months

3. The best indicator hypnosis will produce positive outcomes for a person is:
   a. type of presenting behavior
   b. frequency of sessions
   c. person’s ability to verbalize changes
   d. practicing the hypnosis techniques consistently

4. Swedish massage for pregnant women:
   a. is indicated in the first and second trimester of pregnancy
   b. addresses skeletal and circulatory changes precipitated by hormonal shifts of pregnancy
   c. is done with less firm pressure than with non-pregnant individuals
   d. should only be done during labor when a nurse is present

5. Reflexology:
   a. limits finger pressure to the soles of the feet
   b. unblocks energy pathways
   c. practitioners agree therapy effects are nonspecific
   d. is contraindicated in patients with lymphatic disorders

6. With acupuncture:
   a. in most cases, results are not experienced immediately
   b. it takes several treatments until patients get comfortable with the needles
   c. the therapist receives all data about the patient by palpation
   d. the treatment can be safely combined with conventional medicine

7. Currently, most CAM interventions are:
   a. covered by most insurance plans
   b. considered for use before first-line surgery or radical medical treatments
   c. still do not have the backing of mainstream medicine
   d. considered too expensive for individuals to consider

8. Lymphatic massage is:
   a. not approved for use in the U.S.
   b. requires a firm touch to reduce swelling
   c. used in Europe for the treatment of sprains, strains, and bruises
   d. is contraindicated with children and adults

9. Rolfing:
   a. is a new therapy used to realign the body and conserve energy
   b. is a painless procedure
   c. should not be used on patients with musculoskeletal injuries
   d. incorporates deep pressure on muscles with stretching

10. The best resource a consumer can use to gain information about CAM is:
   a. the Joint Commission
   b. CDC
   c. National Center for Complementary and Alternative Medicine
   d. local or state medical board

Evaluation

1. I can discuss the principles of and uses for chiropractic interventions.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can describe uses for medical hypnosis.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can discuss the types of and uses for therapeutic massages.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. I can discuss the knowledge base for acupuncture and related Asian medicine techniques.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

6. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

Registration/Answer Form #313

LEARNER FEEDBACK QUESTIONS
1. A B C D
2. A B C D
3. A B C D
4. A B C D
5. A B C D
6. A B C D
7. A B C D
8. A B C D
9. A B C D
10. A B C D

EVALUATION
1. A B C D E
2. A B C D E
3. A B C D E
4. A B C D E
5. A B C D E

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EVALUATION QUESTIONS
1. A B C D E
2. A B C D E
3. A B C D E
4. A B C D E
5. A B C D E
6. A B C D E

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