

# Learner Feedback Questions #318

- With toddlers who have type 1 diabetes, it is best if the parent:**
  - explains why the child needs blood draws and insulin injections and shows materials
  - is organized and prepares for finger pricks and insulin injections out of the toddler's sight
  - schedules a time-out if the toddler has a temper tantrum when receiving care
  - knows the usual age for a toddler to accept the blood draws and insulin injections is about 4 months
- When doing the finger pricks with toddlers, the parent should say:**
  - "Here's a little pinch."
  - "This will just feel like a bug bite."
  - "This won't hurt."
  - "We need to do this to keep you healthy."
- With toddlers, if the parents are unsure if the child's behaviors indicate hypoglycemia, they should:**
  - have the child drink one-third to one-half cup of fruit juice or eat two sleeves of Smarties
  - review the list of symptoms of hypoglycemia they have been given
  - test the child's blood sugar until they have more experience knowing their child's symptoms
  - call the child's primary-care provider
- Preschoolers have the ability to:**
  - be taught the procedure of a finger prick
  - understand which foods are permitted and not permitted
  - independently wash their hands before they receive the insulin injection
  - cognitively understand what diabetes is
- A preschool-age child experiencing symptoms of hypoglycemia:**
  - can usually describe the symptoms easily
  - will try to hide the symptoms from parents
  - will probably say generally they are not feeling well
  - may be exaggerated by the child for attention
- For school-age children, the biggest developmental milestone is:**
  - the child being able to communicate his needs clearly to the school nurse
  - the child's ability to read and understand more about his condition
  - knowing how to apply the Rule of 15
  - being able to independently self-inject their insulin
- With adolescents with type 1 diabetes, the best treatment goal should be to:**
  - help teens identify their issues with their diabetes and know resources to resolve them
  - continuously reinforce mismanagement of their diabetes leads to life-threatening events
  - assess the teen's ability to manage his diabetes with an insulin pump
  - set up monthly appointments with parents, teen and school nurse to ensure compliance
- How does magical thinking, common in preschool children, affect the management of diabetes?**
  - Storytelling is effective when teaching children.
  - Language and explanations need to remain simple to reinforce reality.
  - Allow the child's imagination of his illness

- decrease his anxiety.
  - Magical thinking often helps the child develop more self-control.
- Which of the following is NOT a development task of school-age children?**
    - need to be involved in care
    - able to understand cause and effect
    - able to describe exercise plan
    - able to explain personal management plan to school bus driver
  - When a toddler has a tantrum every time an insulin injection is due, the best intervention is to:**
    - ignore the tantrum and reschedule the injection
    - have two people hold the child down during a tantrum and administer the injection; tell him you love him afterward
    - try to explain to the child how the insulin injection will keep him healthy
    - reassure the child several times you're not trying to hurt him and ask him to calm down

## Evaluation

- I can identify common issues experienced by children of various ages who have type 1 diabetes.**
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree
- I can discuss possible solutions with parents and caregivers whose children are experiencing problems typical of children who have type 1 diabetes.**
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree
- I can determine when a child is developmentally ready to take responsibility for different aspects of diabetes care, and when the child is having difficulty managing care.**
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree
- The objectives relate to the overall goal of the article.**
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree
- The article is well-written and logically organized, and defines terms adequately.**
  - strongly agree
  - agree
  - neutral
  - disagree
  - strongly disagree

# Diabetes: Toddlers to Teens

Earn 1 Contact Hour NOW!

## Registration/Answer Form #318

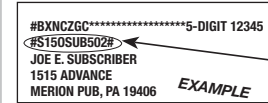
### LEARNER FEEDBACK QUESTIONS

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Before October 26, 2011, print this page, complete the multiple choice questions by circling the correct answer and mail or fax to: *ADVANCE for Nurses*, Learning Scope, 2900 Horizon Dr., King of Prussia, PA 19406; 610-278-1426.

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