1. Which of the following is NOT regarded as a cardinal symptom of PD?
   a. tremor
   b. bradykinesia
   c. rigidity
   d. sleep disturbances

2. All of the following are common "non-motor" symptoms of PD EXCEPT:
   a. depression
   b. hypertension
   c. pain
   d. dementia

3. The gold standard of drug therapy for PD is:
   a. carbidopa/levodopa (Sinemet)
   b. ropinirole (Requip)
   c. entacapone (Comtan)
   d. rasagiline (Azilect)

4. The diagnosis of PD is based largely on:
   a. abnormalities of the midbrain seen on MRI imaging
   b. genetics
   c. environmental triggers
   d. clinical symptoms and patient report

5. Patients with PD should be cautious of high protein intake primarily because:
   a. it may interfere with levodopa absorption
   b. renal complications can occur
   c. increased weight gain decreases mobility
   d. increased protein reduces the liver's ability to break down all meds

6. Deep brain stimulation:
   a. is a viable treatment option for most PD patients
   b. requires routine programming of the electrical stimulator
   c. has been shown to dramatically improve gait dysfunction and postural instability
   d. is only being used for patients with PD under age 50

7. All of the following are appropriate treatment options for psychosis in PD EXCEPT:
   a. reduction in the patient's PD medications
   b. clozapine (Clozaril)
   c. quetiapine (Seroquel)
   d. increased fluids to prevent dehydration

8. The most critical nursing issue for patients with PD who are hospitalized is:
   a. daily exercise and ambulation
   b. physical therapy to prevent complications
   c. individualized medication schedules for each patient
   d. increased fluids to prevent dehydration

9. Motor fluctuations are best defined as:
   a. the progression of parkinsonian symptoms over the course of disease
   b. a phenomenon in which PD medications "wear off" and symptoms return prior to the next dose
   c. gait abnormalities, such as freezing and shuffling
   d. the time when medications begin to "turn on"

10. The patient with PD is at risk for all of the following in the late stages of disease EXCEPT:
    a. bowel impaction
    b. bed sores
    c. aspiration pneumonia
    d. liver failure from chronic drug use

Evaluation

1. I can describe the complex symptom profile and complications of Parkinson’s disease.  
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can discuss the treatment and management options for Parkinson’s disease.  
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can discuss nursing strategies for Parkinson’s disease care in various clinical settings.  
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.  
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.  
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

Parkinson’s Disease

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