Septic Shock
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Registration/Answer Form #322

LEARNER FEEDBACK QUESTIONS

1. The incidence of sepsis:
   a. has been stable over the past 5 years
   b. increased significantly over the past 20 years
   c. decreased 5 percent in the past year
   d. has been increasing by about 3 percent every year

2. The first organ system to fail with systemic inflammatory response syndrome is:
   a. cardiac
   b. vascular
   c. renal
   d. respiratory

3. The blood gases of a patient in septic shock initially indicate:
   a. normal pH
   b. respiratory alkalosis
   c. lactic acidosis
   d. metabolic alkalosis

4. The classic feature of septic shock that increases patient mortality is:
   a. endotoxin caused by the bacteria
   b. elevated serum lactate
   c. fever above 104°F for more than 24 hours
   d. acute tubular necrosis

5. With septic shock, which of the following fluids is given to maintain arterial blood pressure at 65 mm Hg?
   a. continuous infusions of normal saline
   b. amphotericin B
   c. packed cells
   d. albumin or hetastarch

6. The best position for a patient with sepsis with a stable blood pressure is:
   a. Trendelenburg position
   b. prone position
   c. elevate head of bed 30-45 degrees
   d. flat in bed

7. Which of the following statements about antibiotic administration with sepsis is true?
   a. A large dose of a gram-negative antibiotic and gram-positive antibiotic should be given initially.
   b. Antibiotics should not be administered until three blood cultures have been drawn.
   c. Broad-spectrum antibiotics should be started in the first hour after the diagnosis, after a culture is taken.
   d. Evidence-based practice suggests outcomes are better with combination therapy as opposed to monotherapy.

8. According to the Surviving Sepsis Campaign, which of the following interventions has been most successful in improving sepsis outcomes?
   a. use of sepsis bundles
   b. use of positive end-expiratory pressure with ventilations
   c. more accurate diagnoses earlier
   d. better medical management of blood pressure

9. To improve oxygenation and decrease myocardial workload, the patient with sepsis should have a hemoglobin and a hematocrit, respectively, of:
   a. Hgb 12 g, Hct 40 or above
   b. Hgb 10 g, Hct 25 or above
   c. Hgb 7-9 g, Hct 30 or above
   d. Hgb 5-6 g, Hct 20 or above

10. As sepsis progresses to septic shock, arterial blood gases will reflect:
    a. respiratory alkalosis
    b. respiratory acidosis
    c. metabolic alkalosis
    d. respiratory and metabolic acidosis

EVALUATION:

1. I can state the criteria for definition of septic shock.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can discuss early goal-directed therapies, including pharmacologic and nursing interventions for septic shock.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can differentiate septic shock, the systemic inflammatory response syndrome and multiple organ dysfunction syndrome.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

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LEARNER FEEDBACK QUESTIONS

1. A B C D
2. A B C D
3. A B C D
4. A B C D
5. A B C D
6. A B C D
7. A B C D
8. A B C D
9. A B C D
10. A B C D

EVALUATION

1. A B C D E
2. A B C D E
3. A B C D E
4. A B C D E
5. A B C D E

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   □ Program Director

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   □ Nursing Faculty
   □ Private Practice
   □ Staff Development
   □ Staff Nurse

PRACTICE SETTING that best describes your setting (fill in just one circle completely)

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