Learner Feedback Questions #326

1. Which of the following statements about post-stroke depression (PSD) is true?
   a. It is undertreated.
   b. It is limited to older patients.
   c. PSD is recognized as a problem by most caregivers.
   d. It occurs only in patients with left-sided strokes.

2. Dysthymic reactive depression in patients affected with a stroke:
   a. responds quickly to treatment with antidepressants
   b. includes less than 10 percent of all patients affected with this type of depression
   c. has no connection to the brain lesion focus
   d. rarely progresses to a major depressive disorder

3. Which of the following is NOT an indicator for reactional depression?
   a. aphasia
   b. dementia
   c. hopelessness
   d. amnesia

4. Women ages 45-54 have twice as many strokes as men because women:
   a. have more medical disabilities pre-stroke than men
   b. have less-effective coping skills than men
   c. have greater stress levels than men
   d. are non-compliant with preventive care measures

5. The antidepressant of choice for depression in post-stroke patients that features few cardiac side effects is:
   a. tricyclics
   b. selective serotonin reuptake inhibitors
   c. monoamine oxidase inhibitors
   d. serotonin-norepinephrine reuptake inhibitors

6. How long should antidepressants be initially prescribed for patients with strokes?
   a. less than 3 months
   b. 6 months
   c. 1 year
   d. until there is increased socialization in the patient

7. Cerebral ischemia in strokes, particularly in right-sided strokes, often results in:
   a. manic responses
   b. catastrophic responses
   c. suicidal ideation
   d. social decompensation

8. Anhedonia is:
   a. denial of disability
   b. poor speech comprehension
   c. severe lack of interest in people/interests
   d. short-term periods of amnesia

9. According to the DSM IV, major depressive disorder is used to describe PSD if:
   a. two symptoms are present for 1 month
   b. five or more symptoms persist for 2 or more weeks
   c. hopelessness and social withdrawal are present for 1 week
   d. two symptoms are present for 1 or more weeks, and one of these is confusion

10. Which of the following therapies is indicated for patients with strokes to stimulate the release of dopamine and modulate emotional response?
    a. cognitive-behavioral therapy
    b. movement therapy
    c. music therapy
    d. group therapy

Evaluation

1. I can describe post-stroke depression as a complication of ischemic stroke.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can compare the two forms of post-stroke depression.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can discuss the care plan for a patient with a stroke complicated by depression.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

6. How long should antidepressants be initially prescribed for patients with strokes?
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   b. 1 year
   c. 5 or more symptoms persist for 2 or more weeks
   d. responds quickly to treatment

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