

Learner Feedback Questions #327

- According to the World Health Organization, what percentage of various cancers can be prevented if a person's nutrition is optimal?
 - less than 10 percent
 - 10-20 percent
 - 30-50 percent
 - 50-90 percent
- A nutraceutical is a food, food component or natural material that has been shown to have a(n):
 - preventive effect on disease
 - curative effect on disease
 - beneficial effect on health beyond basic nutrition
 - anti-aging effect
- FDA regulations related to nutraceuticals require manufacturers to do all of the following EXCEPT:
 - list ingredients on labels
 - list the name and location of manufacturer, packer and distributor
 - grant approval for marketing
 - identify the product as a supplement
- CARDS is a computer database that lists:
 - dietary supplements currently being used
 - interactions of dietary supplements with prescription and over-the-counter drugs
 - indications for the use of food supplements
 - federally funded studies on use of dietary supplement dating back to 1994
- A nurse performing a neurological exam on a patient should ask if the patient takes which of the following nutraceuticals?
 - valerian root
 - omega-3 acids
 - glucosamine
 - ginseng
- The most important teaching point for patients taking nutraceuticals is:
 - If you eat a balanced diet, there is no need to take nutraceuticals.
 - Most nutraceuticals cannot be combined with prescription medications.
 - They are expensive and, with most, the cost overrides the benefits.
 - Tell your clinician the nutraceuticals you take, along with prescribed and OTC drugs.
- When assessing a patient who takes nutraceuticals, the nurse also does a nutrition assessment. Which of the following is NOT indicated on a nutrition assessment?
 - Have you gained or lost 10 pounds in the past 6 months?
 - Do you consume alcohol, caffeine or tobacco?
 - Do you eat fortified foods?
 - Do you have the economic means to buy food for you and your family?
- Nutraceuticals are intended to:
 - prevent disease
 - cure disease
 - substitute for food in the diet
 - supplement a dietary nutrient or food
- If a patient has an interaction involving a nutraceutical, it should be reported to:
 - Department of Agriculture
 - CDC
 - FDA MedWatch
 - National Center for Complementary and Alternative Medicine
- In the telephone survey conducted by AARP and the National Center for Complementary and Alternative Medicine about the use of CAM, the outcome was:
 - Patients and physicians do not discuss the use of CAM with each other.
 - Physicians do not recommend their patients use CAM.
 - Most patients have never used CAM.
 - Patients over 65 had better results from CAM than younger patients.

Evaluation

- I can describe the concept and current state of use for nutraceuticals.
 - strongly agree
 - agree
 - neutral
 - disagree
 - strongly disagree
- I can identify the legislation, agencies and associations relevant to use and regulation of nutraceuticals.
 - strongly agree
 - agree
 - neutral
 - disagree
 - strongly disagree
- I can describe methods to assess patient use of nutraceuticals.
 - strongly agree
 - agree
 - neutral
 - disagree
 - strongly disagree
- The objectives relate to the overall goal of the article.
 - strongly agree
 - agree
 - neutral
 - disagree
 - strongly disagree
- The article is well-written and logically organized, and defines terms adequately.
 - strongly agree
 - agree
 - neutral
 - disagree
 - strongly disagree

Nutraceuticals

Earn 1 Contact Hour NOW!

Registration/Answer Form #327

LEARNER FEEDBACK QUESTIONS

- A B C D
- A B C D
- A B C D
- A B C D
- A B C D
- A B C D
- A B C D
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- A B C D

EVALUATION

- A B C D E
- A B C D E
- A B C D E
- A B C D E
- A B C D E

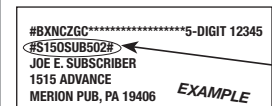
How many minutes did you need to complete this CE offering?

Minutes: _____

Before March 1, 2012, print this page, complete the multiple choice questions by circling the correct answer and mail or fax to: *ADVANCE for Nurses*, Learning Scope, 2900 Horizon Dr., King of Prussia, PA 19406; 610-278-1426.

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 Nursing School:

LPN

- Manager/Supervisor
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 Nursing Faculty
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PRACTICE SETTING that best describes your setting (fill in just one circle completely)

- | | | | |
|---|---|--|--|
| <input type="radio"/> Ambulatory | <input type="radio"/> Geriatrics/LTC | <input type="radio"/> Med/Surg | <input type="radio"/> Rehab |
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