

## Learner Feedback Questions #329

1. Which of the following statements about CRPS-1 is true?  
a. It is pain that is generalized rather than regional.  
b. It develops immediately after a major traumatic event.  
c. Research shows the more prompt the diagnosis and treatment, the better the outcome.  
d. Pain is the predominant symptom without accompanying symptoms.
2. CRPS-1 typically occurs in the:  
a. cervical spine  
b. hands and feet  
c. lower extremities  
d. upper extremities
3. Hyperpathia is:  
a. exaggerated pain response to a sensory stimuli  
b. an ordinarily painless stimuli that, once perceived, is painful  
c. excessive sensitivity to pain  
d. increased guarding with pain
4. Which of these statements about the progression of stages in CRPS-1 is accurate?  
a. The acute inflammatory stage occurs within 48 hours after the injury.  
b. In the dystrophy stage, the pain generally begins to subside.  
c. In the atrophy stage, diffuse osteoporosis can be seen on X-ray.  
d. Hair loss is common in the acute inflammatory stage.
5. The first line of treatment for CRPS-1 is:  
a. NSAIDs  
b. physical therapy  
c. massage therapy  
d. aspirin
6. Regarding use of corticosteroids in CRPS-1:  
a. they can be used if the patient is refractory to other meds  
b. they never are used as a treatment  
c. they may be safely used in all stages of the disease  
d. long-term use is not indicated because of the adverse effect on bone
7. If a patient with CRPS-1 experiences excessive sweating, a treatment is:  
a. endoscopic thoracic sympathectomy  
b. ketamine infusion  
c. ganglionic blockade  
d. TENS
8. Which of the following nursing measures is NOT recommended for CRPS-1?  
a. emollient for dry, scaly skin  
b. avoid elevation of the affected extremity  
c. avoid daily naps  
d. avoid clothing with Velcro
9. It is hypothesized CRPS-1 is caused by:  
a. dysfunctional parasympathetic nervous system  
b. unknown environmental toxins  
c. abnormally hyperactive sympathetic nervous system  
d. abnormalities in the CNS
10. Which of the following is NOT considered a differential diagnosis for CRPS-1?  
a. Raynaud's disease  
b. chronic fatigue syndrome  
c. systemic lupus erythematosus  
d. conversion reactions

## Evaluation

1. I can describe causes of CRPS-1.  
a. strongly agree  
b. agree  
c. neutral  
d. disagree  
e. strongly disagree
2. I can discuss the progression of CRPS-1.  
a. strongly agree  
b. agree  
c. neutral  
d. disagree  
e. strongly disagree
3. I can develop a holistic plan of care for the patient with CRPS-1.  
a. strongly agree  
b. agree  
c. neutral  
d. disagree  
e. strongly disagree
4. The objectives relate to the overall goal of the article.  
a. strongly agree  
b. agree  
c. neutral  
d. disagree  
e. strongly disagree
5. The article is well-written and logically organized, and defines terms adequately.  
a. strongly agree  
b. agree  
c. neutral  
d. disagree  
e. strongly disagree

# Complex Regional Pain Syndrome

Earn 1 Contact Hour NOW!

## Registration/Answer Form #329

### LEARNER FEEDBACK QUESTIONS

1. A B C D  
2. A B C D  
3. A B C D  
4. A B C D  
5. A B C D  
6. A B C D  
7. A B C D  
8. A B C D  
9. A B C D  
10. A B C D

### EVALUATION

1. A B C D E  
2. A B C D E  
3. A B C D E  
4. A B C D E  
5. A B C D E

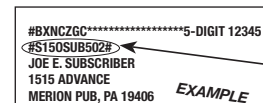
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Before March 29, 2012, print this page, complete the multiple choice questions by circling the correct answer and mail or fax to: *ADVANCE for Nurses*, Learning Scope, 2900 Horizon Dr., King of Prussia, PA 19406; 610-278-1426.

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 Non-Senior (Digital Only)  
 Nursing School:  
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### LPN

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 Staff Development  
 Staff Nurse

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