Learner Feedback Questions #336

1. Nursing concerns related to state-of-the-art spinal surgeries are primarily about:
   a. increased costs to patients
   b. aging patients having these surgeries
   c. postop care too aggressive with some procedures
   d. patients expecting unrealistic outcomes

2. Which of the following statements is true about lateral interbody fusion?
   a. The approach can be used at all levels of the spine.
   b. With this procedure, bone morphogenic protein is always used.
   c. With this procedure, the damaged disc is removed and an implant inserted into the disc space.
   d. The complication of excessive blood loss with this procedure still occurs frequently.

3. For patients who have the lateral interbody fusion, getting them out of bed the same day of surgery or the next day depends upon:
   a. age of the patient
   b. type of anesthesia used
   c. the number of spinal levels fused
   d. patient's preference

4. For patients who have had the lateral interbody fusion, which of the teaching points is correct?
   a. Patients should be taught to log roll when getting out of bed.
   b. Sneakers are not indicated as footwear when the patient is ambulating.
   c. Reclining chairs are good when patients are trying to go from a sitting to a standing position.
   d. Sitting should be limited to 10-minute periods at a time.

5. The outcome for the X-STOP procedure to treat spinal stenosis is:
   a. patients require 2 weeks of pain medicine postop
   b. the results are no better than with nonsurgical treatment
   c. the patient's pain is decreased because the surgery prevents him from bending too far backward
   d. the procedure can be performed on patients who have abnormal spinal anatomy

6. Tumors of the spinal cord are confirmed by an MRI, CT scan and:
   a. spinal fluid protein
   b. complete neurological examination
   c. increasing paralysis of lower extremities
   d. myelogram

7. Instructions given to a patient having CyberKnife treatment for a spinal tumor include:
   a. usually a 4-day admission to the hospital
   b. general anesthesia will be administered
   c. the patient can wear his own clothes during the procedure
   d. the patient may experience slight tremors for 1-2 days

8. With the CyberKnife treatment, if the patient's cervical level of the spine is treated, he will probably experience:
   a. pharyngitis
   b. eczematous eruption
   c. nausea
   d. diarrhea

9. One of the advantages of using the CyberKnife to treat metastatic cancer is:
   a. chemotherapy can be eliminated as a treatment modality
   b. high radiation can be delivered via the flexible arm and not harm normal tissue
   c. usually a one-time treatment will eliminate the cancer cells
   d. anxiety is minimal when this procedure is used and medication is rarely needed

10. Transverse myelitis can occur if patients receive too much radiation from the CyberKnife. Which of the following is NOT a symptom of transverse myelitis?
    a. paralysis
    b. pain
    c. weakness
    d. clorting disorders

Evaluation

1. I can describe the benefits of the lateral approach to interbody spine fusion.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can explain the indications for X-STOP procedure.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can discuss the use of the CyberKnife related to indications for use, type of spinal tumors, procedures and side effects.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

Registration/Answer Form #336

State-of-the-Art Spine Surgery

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Before July 5, 2012, print this page, complete the multiple choice questions by circling the correct answer and mail or fax to: ADVANCE for Nurses, Learning Scope, 2900 Horizon Dr., King of Prussia, PA 19406, 610-278-1426.

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