1. Many hospitals have insulin safety policies that require another nurse to recheck the medication before it is administered, especially:
   a. when an insulin analog is ordered
   b. if the patient is newly diagnosed
   c. if the patient has changes in vital signs
   d. when the patient is receiving IV insulin

9. According to the CDC, how many minutes after meals should insulin be taken to control blood sugar with insulin in type 2 diabetes patients?
   a. 5 minutes
   b. 15 minutes
   c. 30 minutes
   d. 40 minutes

10. Which of the following types of insulin is long-acting?
   a. NPH
   b. NovoLog
   c. Apidra
   d. Lantus

Review the following statements and select the one that best describes your position related to insulin safety:

1. The most common adverse effect related to insulin is:
   a. allergies
   b. hyperglycemia
   c. hypoglycemia
   d. non-adherence to treatment

2. The IOA says errors with insulin occur during:
   a. prescribing
   b. transcribing
   c. administering
   d. prescribing or administering

3. All of the following measures improve insulin safety EXCEPT:
   a. place unopened vials of insulin in the refrigerator
   b. opened vials of insulin can be stored in the refrigerator for 60 days
   c. limit the variety of insulin product stored on a unit
   d. electronic prescribing helps prevent transcription errors

4. In which of the following situations must insulin be administered with glucose?
   a. gestational diabetes
   b. diabetic coma
   c. patients with type 2 diabetes
   d. treatment for hyperkalemia

5. Patients prescribed lispro, an insulin analog, should eat meals within how many minutes of starting a dose?
   a. 5 minutes
   b. 15 minutes
   c. 30 minutes
   d. 40 minutes

8. All of the following factors can cause hypoglycemia EXCEPT:
   a. eating a prescribed bedtime snack
   b. exercise
   c. alcohol
   d. peak time of administered insulin

   d. peak time of administered insulin
   c. alcohol
   b. 15 minutes
   a. 5 minutes

4. The IOM says errors with insulin occur during:
   a. prescribing
   b. transcribing
   c. administering
   d. prescribing or administering

3. The most common adverse effect related to insulin is:
   a. 13 percent
   b. 27 percent
   c. 34 percent
   d. unknown

2. According to the CDC, how many minutes after meals should insulin be taken to control blood sugar with insulin in type 2 diabetes patients?
   a. 5 minutes
   b. 15 minutes
   c. 30 minutes
   d. 40 minutes

10. Which of the following types of insulin is long-acting?
   a. NPH
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How many minutes did you need to complete this CE offering?

Minutes:

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JOB TITLE that best describes your position (fill in just one circle completely)

RN       Director of Nursing
         Manager/Supervisor
         Nursing Administrator
         Nursing Faculty
         Private Practice
         Staff Development
         Staff Nurse
         Program Director

LPN      Manager/Supervisor
         Nursing Adminstor
         Nursing Faculty
         Private Practice
         Staff Development
         Staff Nurse

PRACTICE SETTING that best describes your position (fill in just one circle completely)

Ambulatory
Cardiac
Case Management
Chemical Dependency
Clinical Specialist
Critical Care
CRNA
Dermatology
Dialysis
Emergency/ED
Geriatrics/LTC
Gynecology
Home Health
 Hospice
 ICU
 Infection Control
 IV Therapy
 Managed Care
 Managerial/ Administrative
 Maternal/Child
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