Learner Feedback Questions #348

1. Which healthcare agency states that acupuncture has been scientifically proven as therapeutic in the treatment of type 2 diabetes?  
   a. Agency for Healthcare Research and Quality  
   b. American Diabetes Association  
   c. Institute of Medicine  
   d. World Health Organization

2. Acupuncture in the management of type 2 diabetes is considered what kind of therapy?  
   a. complementary  
   b. unscientific  
   c. Western medicine  
   d. noninvasive, non-pharmaceutical

3. In the Nanjing University research trial involving adults diagnosed with type 2 diabetes for 13.6 years, the study results in the experimental group showed significant reductions in:  
   a. fasting glucose  
   b. A1C results  
   c. insulin resistance  
   d. fasting glucose and insulin resistance

4. In the prospective case-control study using electroacupuncture to study glucose levels in obese women, the results showed:  
   a. no change in glucose levels  
   b. lowered glucose levels  
   c. weight loss and lowered glucose levels  
   d. no clinical changes

5. In this article, the author cites research relating the use of acupuncture in all of the complications of type 2 diabetes EXCEPT:  
   a. peripheral neuropathy  
   b. nephropathy  
   c. retinopathy  
   d. wound healing

6. Which of the following is a contraindication of acupuncture in the treatment of patients with type 2 diabetes?  
   a. hypertension  
   b. coagulation disorders  
   c. osteoporosis  
   d. connective tissue diseases

7. Which of the following holistic therapies, besides acupuncture, has shown promise in reducing glucose levels in patients with type 2 diabetes?  
   a. tai chi  
   b. yoga  
   c. Qigong  
   d. reflexology

8. Which statement about the current research of acupuncture is accurate?  
   a. In patients with type 2 diabetes, acupuncture has been shown to be the sole treatment required to stabilize blood glucose.  
   b. Most patients prefer medication over acupuncture for their management of diabetes.  
   c. Acupuncture has not yet been proven to prevent chronic complications in patients with type 2 diabetes.  
   d. New research with humans has shown acupuncture may decrease cardiac complications associated with type 2 diabetes.

9. The primary benefit patients with type 2 diabetes cite with the use of acupuncture as a treatment modality is:  
   a. the absence of unpleasant side effects  
   b. compliance is much better than with prescribed medications  
   c. glucose control is better with medication  
   d. the cost is significantly lower than medication

10. The following statements about acupuncture practitioners, in the management of type 2 diabetes, are true EXCEPT:  
   a. Acupuncturists must be state-licensed and board-certified by NCCAOM.  
   b. Licensed acupuncturists also can manage medications in the patient’s treatment plan.  
   c. Patients may seek acupuncture treatment without a referral from a biomedical health care provider.  
   d. The primary mission of NCCAOM is to promote standards of competency in practitioners and to protect the public.

Evaluation

1. I can identify indications for acupuncture in the management and treatment of type 2 diabetes.  
   a. strongly agree  
   b. agree  
   c. neutral  
   d. disagree  
   e. strongly disagree

2. I can describe contraindications to acupuncture treatment.  
   a. strongly agree  
   b. agree  
   c. neutral  
   d. disagree  
   e. strongly disagree

3. I can summarize the current research pertaining to acupuncture treatment in type 2 diabetes and opportunities for future research.  
   a. strongly agree  
   b. agree  
   c. neutral  
   d. disagree  
   e. strongly disagree

4. The objectives relate to the overall goal of the article.  
   a. strongly agree  
   b. agree  
   c. neutral  
   d. disagree  
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.  
   a. strongly agree  
   b. agree  
   c. neutral  
   d. disagree  
   e. strongly disagree

Acupuncture & Diabetes

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