1. The Global Burden of Disease study reported the burden of disease of mental illness is more than the burden of:
   a. HIV
   b. heart disease
   c. cancer
   d. tuberculosis

2. Individuals diagnosed with mental illness have a premature mortality rate of how many years than peers not diagnosed with mental illness?
   a. 5 years
   b. 10 years
   c. 15 years
   d. 25 years

3. In Jill Bolte Taylor’s book, My Stroke of Insight, the author’s number five suggestion to healthcare providers is to:
   a. treat the patient as a person
   b. take your time
   c. be honest with the patient
   d. maintain eye contact

4. In the study cited where nurses on a med/surg unit said patients with psychiatric comorbidities were aggressive, what was the nurses’ most frequent response to this behavior?
   a. fear
   b. feelings of incompetence
   c. anger
   d. anxiety

5. The first action to help med/surg nurses learn to care for patients with psychiatric comorbidities is to:
   a. provide them with literature about mental illness
   b. get them up to speed with psychiatric safety precautions
   c. assign a psychiatric nurse to the med/surg unit as a resource
   d. have them face their fears and articulate feelings of caring for patients with mental illness

6. All of the following interventions help med/surg nurses develop competency in caring for patients with psychiatric comorbidities EXCEPT:
   a. team huddles
   b. inviting a person in recovery to talk to staff
   c. include the patient as a team member
   d. allow staff members to refuse patient care assignments of patients with mental illness until they feel comfortable

7. Multiple studies have documented a frequent medical comorbidity associated with depression is:
   a. cardiovascular disease
   b. respiratory disease
   c. hepatitis B
   d. HIV

8. All of the following are barriers to medical care for patients with mental illness not seeking treatment for comorbidities EXCEPT:
   a. fear of being committed voluntarily when seeking medical treatment
   b. do not recognize they are ill
   c. many self-medicate
   d. mental health professionals do not recommend seeking medical treatment

9. Given the increase of patients with psychiatric comorbidities admitted to medical units, all of the following are outcomes that will help remedy the problem EXCEPT:
   a. integrate an interdisciplinary model on these units
   b. have a dedicated unit for patients with medical and behavioral diagnosis
   c. increase the dosage of psychotropic when patients with mental illness are admitted to medical units
   d. increase the use of companion care if necessary when a patient with mental illness needs increased security.

10. What is the incidence of mental illness in youth who are incarcerated?
    a. one in two
    b. one in five
    c. one in 10
    d. no data available

Evaluation

1. I can discuss why nurses can feel inadequate when managing patients with psychiatric illness on med/surg units.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can describe how chronic, comorbid medical conditions can worsen the quality of life for people with mental illness.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can describe the components of sensory processing and executive function as the foundation for human processing.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

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☐ Nursing Faculty
☐ Private Practice
☐ Staff Development
☐ Staff Nurse

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