1. Which of the following ethnic groups has the lowest rate of diabetes?
   a. African-American
   b. Mexican-American
   c. Asian-American
   d. European-American

2. Culturally competent nurses:
   a. are bilingual with the populations they serve
   b. work to help patients assimilate their culture into the American culture
   c. respect the cultural diversity in all patients
   d. may need to change the cultural beliefs and practices of patients

3. The CLAS standards are:
   a. the cultural care standards adopted by the ANA
   b. used by the Joint Commission to accredit U.S. hospitals
   c. the product of the Office of Minority Health adopted in 2011
   d. the measure used by CMS to determine the reimbursement of hospitals

4. Gestational diabetes accounts for what percentage of all patients with diabetes?
   a. less than 1 percent
   b. 2-10 percent
   c. 10-15 percent
   d. 20-25 percent

5. When Rosa was seen at her first prenatal visit, the bilingual nurse diagnosed her as having underlying diabetes because of the large babies she delivered previously, her high-normal blood sugars and her:
   a. BMI
   b. abnormal HbA1c
   c. high lipid levels
   d. poor nutritional status

6. To delay or prevent diabetes in overweight individuals, a weight loss of how much weight can delay or prevent type 2 diabetes?
   a. 2 percent
   b. 5-7 percent
   c. 7-10 percent
   d. 10-12 percent

7. Besides the blood-screening tests, what other lab study would be done at Rosa’s initial clinic visit?
   a. folic acid level
   b. lipid levels
   c. serum electrolytes
   d. cardiac enzymes

8. Rosa’s nurse instructed Rosa to modify her diet, which she did. These instructions included all of the following EXCEPT?
   a. eliminate sodas
   b. eat flour instead of corn tortillas
   c. eat all fresh fruits and vegetables
   d. microwave not fry beans

9. Based on Rosa’s history and care, all of the following indicate her nurse was culturally competent EXCEPT:
   a. There is no indication Rosa was referred to a community health care resource.
   b. The nurse recognized family member experiences with healthcare had an impact on Rosa’s healthcare decisions.
   c. Rosa was motivated and achieved her goals.
   d. At each visit, there was a bilingual nurse midwife.

10. The No. 1 goal for all patients with diabetes is to:
    a. keep the patient’s blood sugar within normal range
    b. prevent complications of diabetes
    c. eat a standardized diet that ensures normal blood sugar levels
    d. utilize the latest technology available to manage diabetes

**Evaluation**

1. I can describe the relationship between ethnicity and diabetes.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can discuss the three types of diabetes and current management strategies.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can list three strategies nurses can implement in providing culturally competent care to patients with diabetes.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

**Registration/Answer Form #357**

**LEARNER FEEDBACK QUESTIONS**

1. A B C D
2. A B C D
3. A B C D
4. A B C D
5. A B C D
6. A B C D
7. A B C D
8. A B C D
9. A B C D
10. A B C D

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