Sex & Long-Term Care
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Registration/Answer Form #375

LEARNER FEEDBACK QUESTIONS
1. A University of Chicago research study found a substantial number of older adults engage in some form of sexual activity into their:
   a. 50s to 60s
   b. 60s to 70s
   c. 70s to 80s
   d. 80s to 90s

2. Under the Nursing Home Reform Act of 1987, LTC residents are entitled to express themselves sexually as long as all of the following conditions are met EXCEPT:
   a. the sexual activity is done in private
   b. the sexual activity is consensual
   c. there is a signed consent by the partners' family or guardian
   d. there is no harm involved with the sexual activity

3. Which of the following organizations laid the groundwork for the policies that are the standard of care for sexual activity in LTC?
   a. Eden Alternative
   b. Pioneer Network
   c. Hebrew Home, Riverdale, NY
   d. Veterans Affairs LTCs

4. Which of the following measures is not included in the standards of care related to sexual activity in LTC?
   a. always knock before entering the room
   b. provide residents with items they request for a satisfying sexual experience
   c. residents involved in promiscuous sexual behavior
   d. residents who have dementia

5. Transference related to sexual activity among LTC residents is exhibited by:
   a. residents involved in promiscuous sexual behavior
   b. residents making sexual advances to another resident or staff
   c. residents want no contact with opposite-gender residents
   d. residents who have dementia

6. If two LTC residents with dementia engage in sexual activity, the best action is to:
   a. observe the residents every 15 minutes
   b. follow the institution policy which usually disallows this situation
   c. call the physician immediately
   d. discuss the situation with the physician staff and family in a team meeting

7. When LTC residents have a sexual relationship, the nurse’s best judgment is to:
   a. inform the family immediately and document it on the medical record
   b. ensure the residents are both consenting to the activity
   c. make sure there is a physician's order permitting the activity
   d. ignore the behavior

8. LTC patients with mental illness may exhibit hypersexuality. This occurs most commonly in patients with:
   a. schizophrenia
   b. mania
   c. anxiety disorders
   d. dissociative disorders

9. Patient teaching with LTC residents before they have sexual activity in the facility includes all of the following EXCEPT:
   a. medication side effects with sexual activity
   b. risk factor of STDs, including HIV
   c. the hours that sexual activity is permitted in the facility
   d. policies related to sexual activity in the LTC

10. Staff devalues LTC residents most in situations related to sexual activity when they:
    a. view all residents as being asexual
    b. set limits if necessary for sexual behaviors
    c. refuse to comply with the facilities’ policies related to sexual activity in the facility
    d. are uncomfortable answering residents’ questions related to sexual activity

Evaluation
1. I can describe a realistic view of sexuality in older adults:
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can list ways nurses can facilitate the expression of sexuality among long-term care residents:
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can take appropriate action if a long-term care resident’s action merits intervention:
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article:
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately:
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

Registrant Information
Before January 2, 2014, print this page, complete the multiple choice questions by circling the correct answer and mail or fax to: ADVANCE for Nurses, Learning Scope, 2900 Horizon Dr., King of Prussia, PA 19406; 610-278-1426.

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PRACTICE SETTING that best describes your setting (fill in just one circle completely)

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   x. Maternal/Child
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   BB. OR/PACU
   CC. Oncology
   DD. Occupational Health
   EE. Office
   FF. Onco
   GG. OR/PACU
   HH. Orthodontics
   II. Orthopedics
   JJ. Psychiatry
   KK. Public Health
   LL. Rehab
   MM. Research
   NN. Sales/Marketing
   OO. School Nurse
   PP. Student
   QQ. Subacute
   RR. Support Staffing
   SS. Travel Nursing
   TT. Urology

RN