Learner Feedback Questions #380

1. A full term infant should be breastfed how many times each 24-hour period?
   a. 8-12 times
   b. 5-6 times
   c. 6-8 times
   d. 14-16 times

2. The American Academy of Pediatrics recommends that breastfeeding infants have their first provider visit at:
   a. 2 weeks
   b. 2 months
   c. 1 week
   d. 3-5 days

3. The sugar in breast milk is:
   a. sucrose
   b. fructose
   c. lactose
   d. maltose

4. Which of the following is true about vitamin D supplementation?
   a. Supplementation is not necessary if baby gets daily sunlight.
   b. Supplementation should begin at 6 months of age.
   c. Supplementation is only necessary in dark-skinned babies.
   d. Supplementation should begin at birth for breastfed infants.

5. Which of the following will decrease the risk of allergies in infants?
   a. soy-based formula
   b. exclusive breastfeeding for the first 4 to 6 months
   c. avoidance of eggs, dairy, fish, and nuts for the first year
   d. no way to decrease risk; result of genetics

6. In a baby with bloody diarrhea due to cow’s milk protein allergy, the best choice of formula would be:
   a. soy-based formula
   b. milk-based formula
   c. lactose-free formula
   d. hydrolyzed casein formula

7. Soy formula can be used for babies with:
   a. colic
   b. galactosemia
   c. eczema
   d. milk allergy

8. Of the following statements about starting solids is true?
   a. Introduction is based on weight and height.
   b. Introduce meats after the first tooth emerges.
   c. Introduce fruits after oranges vegetables.
   d. Introduction is based on physiologic and developmental readiness.

9. Which of the following is not an appropriate finger food for a 9-month-old?
   a. small piece of banana
   b. french fries
   c. toasted oat cereal
   d. small piece of sweet potato

10. Which of the following would not be acceptable for a 15-month-old?
    a. 2 percent milk
    b. whole milk
    c. graduation formula
    d. breast milk

Evaluation

1. I can describe the role of the nurse in supporting breastfeeding.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can identify critical teaching points for the first few weeks of breastfeeding.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can discuss the various infant formulas on the market.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. I can discuss the initiation of complementary feeding.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

6. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree