1. The term "milieu" refers to which characteristic typical of inpatient psychiatry:
   a. patients are not confined to their beds
   b. patients sometimes have medical problems
c. clinical issues primarily involve thoughts and feelings
d. nursing interventions frequently focus on managing behavior

2. Which of the following is NOT a reason for nurses to be in the milieu?
   a. patients are not confined to their beds
   b. patients sometimes have medical problems
c. nurses need to stay in the nurses station
d. interaction with patients

3. Teamwork is important in inpatient psychiatry because:
   a. the work is very difficult
   b. everyone is responsible for the milieu
c. nurses need to stay in the nurses station
d. interaction with patients

4. Which of the following is characteristic of patients with manic symptoms?
   a. racing thoughts
   b. thoughts of suicide
c. distracted by internal stimuli
d. think more slowly than usual

5. Using language that is simple and specific is important because:
   a. nursing concepts are very complex
   b. simple language is easier to document
   c. no one has time for detailed explanations
d. it helps to facilitate communication

6. Which of the following is NOT a function of observation in psychiatry?
   a. staff safety
   b. patient safety
   c. patient assessment
d. encouraging patient compliance

7. Which type of observation is considered contextual?
   a. unit rounds
   b. milieu observation
c. line-of-sight for high-risk patients
d. observation of individual patients

8. The optimal role of the nurse in helping patients manage their behavior is:
   a. tolerating inappropriate behavior
   b. punishing inappropriate behavior
c. addressing inappropriate behavior
d. forbidding inappropriate behavior

9. Seclusion and restraint are only used:
   a. for punishment
   b. to assure safety
c. to teach appropriate behavior
d. to manage inappropriate behavior

10. Which of the following is a high priority in inpatient psychiatry?
    a. teaching patients to behave
    b. curing chronic mental illness
c. assuring patient and staff safety
d. distinguishing between psychosis and neurosis

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**Evaluation**

1. I can describe the characteristics of the psychiatric treatment milieu that makes teamwork an important element of patient care.
   a. strongly agree
   b. agree
c. neutral
d. disagree
e. strongly disagree

2. I can describe the basic concepts that must be considered when communicating with patients experiencing acute exacerbations of chronic mental illnesses.
   a. strongly agree
   b. agree
c. neutral
d. disagree
e. strongly disagree

3. I can describe three types of observations used in psychiatry and explain the rationale for each.
   a. strongly agree
   b. agree
c. neutral
d. disagree
e. strongly disagree

4. I can explain why a unit culture that emphasizes control may be more effective in ensuring patient and staff safety than a culture that emphasizes support and responsiveness.
   a. strongly agree
   b. agree
c. neutral
d. disagree
e. strongly disagree

5. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
c. neutral
d. disagree
e. strongly disagree

6. The article is well-written and adequately.
   a. strongly agree
   b. agree
c. neutral
d. disagree
e. strongly disagree

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**EVALUATION**

1. A  B  C  D  E
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