1. According to the World Health Organization, obesity is due to all of the following EXCEPT:
   a. an increased intake of foods high in calories and low in nutritional value
   b. lack of willpower
   c. increased sedentary lifestyle
   d. increased sedentary jobs

2. What is body mass index?
   a. a measurement of a person's appetite
   b. an estimate of expended energy
   c. a way to measure daily caloric intake
   d. a way of estimating body size by an individual's height and weight

3. Dumping syndrome can occur as a result of eating foods high in sugar and fat following which weight loss surgery?
   a. adjustable gastric band
   b. sleeve gastrectomy
   c. Roux-en-Y gastric bypass
   d. vertical banded gastroplasty

4. Approximately how long will it be before patients can have their initial band adjustment following a lap band placement?
   a. 1 week
   b. 3 weeks
   c. 8 weeks
   d. 12 weeks

5. Patients have all of the following responsibilities following weight loss surgery EXCEPT:
   a. take vitamin and mineral replacements for the rest of their lives
   b. adhere to regularly scheduled appointments with surgeon
   c. they have no special diet
   d. exercise regularly

6. Complications of the laparoscopic adjustable gastric band include all of the following EXCEPT:
   a. food allergies
   b. erosion
   c. slippage
   d. device malfunction

7. The sleeve gastrectomy can be described as:
   a. a sleeve that can be adjusted by injecting it with normal saline
   b. a malabsorptive and restrictive procedure
   c. a relatively new, purely restrictive weight loss surgery
   d. a procedure where approximately 10 percent of a stomach is removed

8. The risks of the Roux-en-Y gastric bypass include all of the following EXCEPT:
   a. bilateral peripheral visual impairment
   b. gallstones
   c. gastrointestinal leaks
   d. dumping syndrome

9. The "gold standard" for weight loss surgery is the:
   a. adjustable gastric laparoscopic band
   b. sleeve gastrectomy
   c. duodenal switch
   d. Roux-en-Y gastric bypass

10. Which of the following would be contraindicated for a person to be approved to have weight loss surgery?
    a. BMI of 40 or above
    b. BMI of 35 with comorbidities such as sleep apnea or diabetes
    c. reported history of weight loss interventions without lasting results
    d. unwillingness to follow dietary changes and incorporate exercise into daily routine

**Evaluation**

1. I can define obesity as a global epidemic and the nurse's role as a resource.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can discuss weight loss surgery as an option for obesity.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

**Weight Loss Surgery**

**Registration/Answer Form #402**

**LEARNER FEEDBACK QUESTIONS**

1. A B C D
2. A B C D
3. A B C D
4. A B C D
5. A B C D
6. A B C D
7. A B C D
8. A B C D
9. A B C D
10. A B C D

Before October 8, 2014, print this page, complete the multiple choice questions by circling the correct answer and mail or fax to: ADVANCE for Nurses, Learning Scope, 2900 Horizon Dr., King of Prussia, PA 19406; 610-278-1426.

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○ Private Practice
○ Staff Development
○ Staff Nurse
○ Program Director

LPN  ○ Manager/Supervisor
○ Nursing Administration
○ Nursing Faculty
○ Private Practice
○ Staff Development
○ Staff Nurse

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○ Geriatrics/LTC
○ Gynecology
○ Home Health
○ Hospice
○ ICU
○ Infection Control
○ IV Therapy
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