1. People over age 65 will account for what percentage of the population by the year 2030?
   a. 10 percent
   b. 20 percent
   c. 30 percent
   d. 50 percent

2. All of the following is true about the Affordable Care Act EXCEPT:
   a. It is to be implemented in phases through 2014
   b. Its goal is to target waste in the system, reduce costs, improve health outcomes and expand access to high-quality care
   c. Focuses on preventive care prescription drug benefits and enhanced access to healthcare services in the community
   d. The far-reaching scope of the act compels the insurance companies to charge higher premiums to those who are insured

3. All of the following are traditional care models EXCEPT:
   a. DRGs
   b. Project RED (Re-Engineered Discharge)
   c. Disease management model programs
   d. Project B001 (Better Outcomes for Older Adults Through Safe Transitions)

4. All of the following are true about traditional care models EXCEPT:
   a. They are often nurse-driven
   b. They were developed in 1968 by the Philadelphia School of Nursing
   c. They are team-based care models designed to include alignment of the healthcare
   d. They provide comprehensive planning from the hospital to home for all high-risk adults

5. The Care Transitions Intervention Model is a:
   a. Nurse coaching program
   b. Physician prescribed program
   c. Social work prescribed program
   d. Physical/occupational therapy prescribed program

6. Utilizing the care transitions intervention model, several hospitals in New York noticed:
   a. A cut in readmissions rates
   b. An increase in mortality rates
   c. A rise in readmissions rates
   d. A no change in readmissions rates

7. Research shows that adults receive recommended therapies only 55 percent of the time and that a percentage of that care is wasteful and of little value to the patients. What is the percentage of care that is wasteful to the patient?
   a. 10 percent
   b. 20 percent
   c. 30 percent
   d. 40 percent

8. In 2014, the Centers for Medicare and Medicaid Services will reduce base operating payments for DRGs to hospitals by:
   a. 1.0 percent
   b. 1.25 percent
   c. 2.5 percent
   d. 4.5 percent

9. Organizations at the forefront of the changes in healthcare will be those that incorporate processes that include patients and families in care planning. Which of the following groups of healthcare professionals fits this description the best, as noted by the Institute of Medicine?
   a. Nurses
   b. Physicians
   c. Social workers
   d. Physical therapists

10. Care for older adults will be a growing component of nursing in the future. Preparing for this challenge should include all of the following EXCEPT:
    a. Prepare educators
    b. Prepare practitioners
    c. Prepare our educational system
    d. Prepare pediatric nurse practitioners

---

**Evaluation**

1. I can list at least three variables affecting the growing burden on the healthcare delivery system.
   a. Strongly agree
   b. Agree
   c. Neutral
   d. Disagree
   e. Strongly disagree

2. I can discuss two aspects of recent legislation that will affect healthcare delivery.
   a. Strongly agree
   b. Agree
   c. Neutral
   d. Disagree
   e. Strongly disagree

3. I can define the concepts associated with transitional care models.
   a. Strongly agree
   b. Agree
   c. Neutral
   d. Disagree
   e. Strongly disagree

4. The objectives relate to the overall goal of the article.
   a. Strongly agree
   b. Agree
   c. Neutral
   d. Disagree
   e. Strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. Strongly agree
   b. Agree
   c. Neutral
   d. Disagree
   e. Strongly disagree

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**Transitional Care Models for Seniors**

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   5. A B C D E
   6. A B C D E
   7. A B C D E
   8. A B C D E
   9. A B C D E
   10. A B C D E

**EVALUATION**

1. A B C D E
   2. A B C D E
   3. A B C D E
   4. A B C D E
   5. A B C D E

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- Staff Nurse
- Program Director

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- Ambulatory
- Cardiac
- Care Management
- Cancer/Palliative
- Chemical Dependency
- Clinical Specialist (Med-Surg, ICU, Dialysis, ER, Neurology, etc.)
- Critical Care
- CRNA
- Dermatology
- Dialysis
- Endoscopy
- EKG/EDER
- Endoscopy
- Geriatric/EDER
- Genitourinary
- Home Health
- Hospice
- ICU
- Infection Control
- IV Therapy
- Managed Care
- Medical
- Mental Health/Behavioral Health
- Medicaid/Child
- Med Surg/ICU
- Nursing/Clinical Informatics
- Occupational Health
- Ophthalmology
- Orthopedics
- Pediatrics
- Psychiatric/Mental Health
- Public Health
- Rehab
- Research
- Sales/Marketing
- School Nurse
- Student
- Subacute
- Support Staffing
- Travel Nursing
- UNQA

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