The Four Agreements

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Registration/Answer Form #411

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LEARNER FEEDBACK QUESTIONS

1. I can discuss the benefits of using The Four Agreements within the practice of nursing.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can describe what it means to become impeccable with your word.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can explain why it is important to not take things personally.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. I can describe the danger in making assumptions.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

6. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

7. One of The Four Agreements is not to take anything personally. This is true in all of the following situations EXCEPT when:
   a. you are being bullied
   b. a colleague calls you out
   c. a colleague snaps at you
   d. appointments are running behind and patients are angry at you

8. Not making assumptions challenges us to do all of the following EXCEPT:
   a. become inquisitive
   b. listen to other people's stories
   c. assume we know how others think
   d. communicate clearly without the distraction of high drama or intense emotion

9. Ruiz believed in "always doing your best." All of the following describe this Agreement EXCEPT:
   a. doing your best is all about taking action
   b. doing your best is something that doesn't happen every day
   c. doing your best protects you from going through life on autopilot
   d. doing your best gives you the personal freedom and promotes personal self-respect

10. Which of the following is true about sharing The Four Agreements with your team? a. it's something only the nurse manager should do and then only if the nurse executive agrees to it b. it's too much for the staff on a nursing unit to handle c. it can lead to more joy in the team's daily work d. it's something to aspire to but hardly ever happens

Evaluation

EVALUATION

1. A B C D E
2. A B C D E
3. A B C D E
4. A B C D E
5. A B C D E
6. A B C D E

How many minutes did you need to complete this CE offering?

Minutes:______

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JOB TITLE that best describes your position (fill in just one circle completely):

RN
☐ Director of Nursing
☐ Manager/Supervisor
☐ Nursing Administrator
☐ Nursing Faculty
☐ Private Practice
☐ Staff Development
☐ Staff Nurse
☐ Program Director

LPN
☐ Manager/Supervisor
☐ Nursing Administrator
☐ Nursing Faculty
☐ Private Practice
☐ Staff Development
☐ Staff Nurse

PRACTICE SETTING that best describes your setting (fill in just one circle completely):

☐ Ambulatory
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