

Figure 1. Algorithm For Screening, Diagnosing and Treating a Women Veteran with PTSD

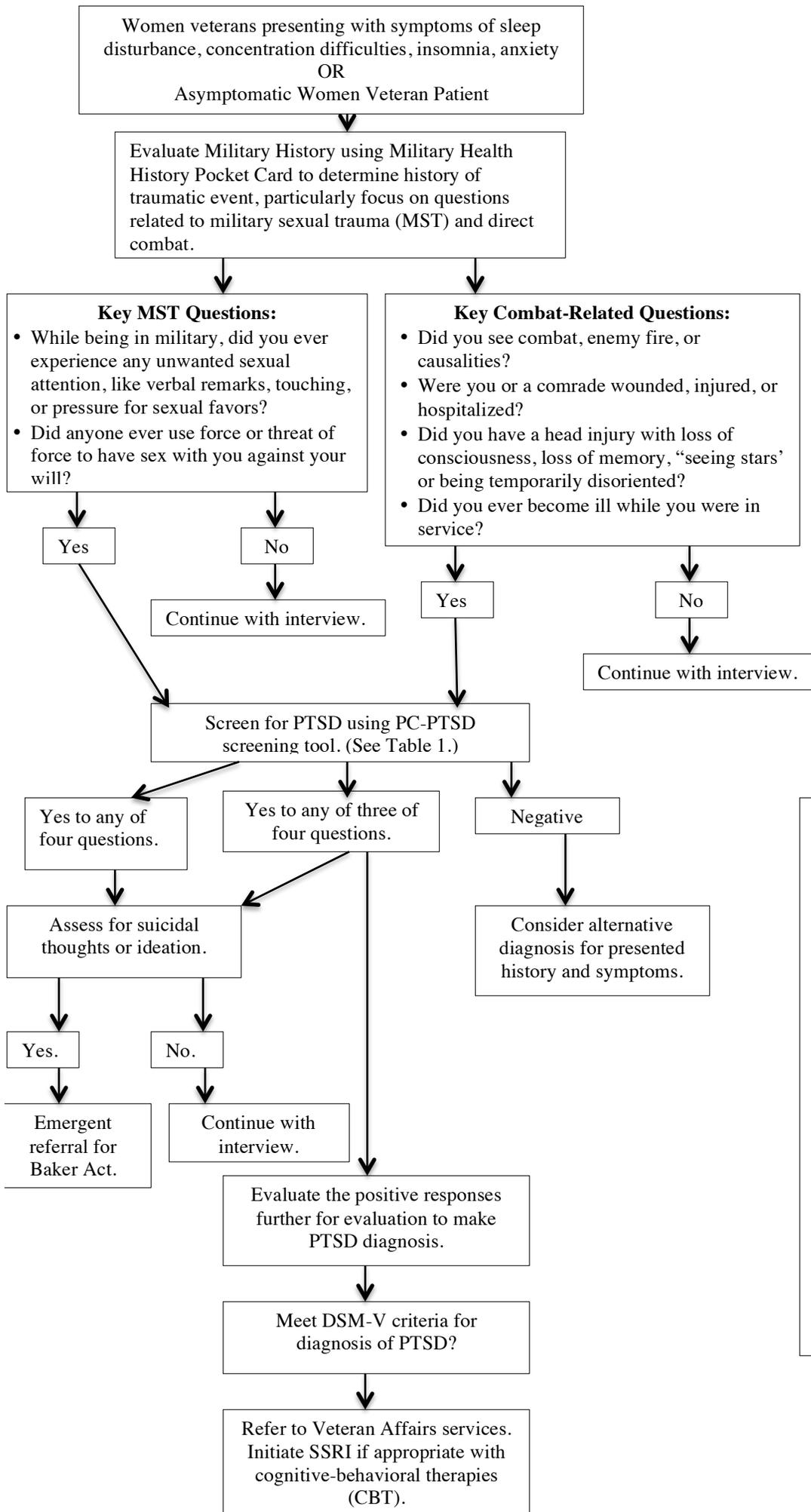


Table 1: Primary Care PTSD Screen
 Have you ever had any experience that was so frightening, horrible, or upsetting, in the past month that you:

1. Have had nightmares about it or thought about it when you did not want to?
2. Tried hard not to think about it or went out of your way to avoid situations that reminded you of it?
3. Were constantly on guard, watchful, or easily startled?
4. Felt numb or detached from others, activities, or your surroundings?

Screening is “positive” if patient answers “yes” to three of four questions.

If patient responds yes to any of these questions, ask if they can elaborate more on the question to examine symptoms more closely.