Learner Feedback Questions #256

1. A major difference between cancer cachexia and starvation is:
   a. weight loss is more pronounced in cachexia than in starvation
   b. weight loss is equal from muscle and fat in cachexia, while mostly fat in starvation
   c. protein is lost in starvation and not cachexia
   d. cachexia does not result in a negative nitrogen balance

2. Cachexia is characterized by an albumin level below:
   a. 3 g/dL
   b. 5 g/dL
   c. 7 g/dL
   d. 10 g/dL

3. Eicosapentaenoic acid is:
   a. an omega-3 fatty acid that may slow down weight loss in cancer patients
   b. an oral cannabinoid effective in increasing appetite in all cancer patients
   c. a chemotherapy agent known to cause nausea and vomiting
   d. a progestational drug that slows weight loss in cancer patients

4. Patients are at particular risk for vitamin B12 deficiency following surgery for what type of cancer?
   a. lung
   b. breast
   c. stomach
   d. prostate

5. Which of the following statements related to diet teaching when patients are receiving chemotherapy is NOT true?
   a. Eating small, frequent, high-caloric foods may be more tolerable.
   b. Always offer patients their favorite foods first.
   c. Bland diets with minimal spices may be tolerable.
   d. Maintaining hydration during chemotherapy is critical.

6. Postop GI cancer patients should not be considered for TPN until they have been NPO for:
   a. 48 hours
   b. 96 hours
   c. 5 days
   d. 7 days

7. Which of the following chemotherapy drugs is extremely emetogenic?
   a. vincristine
   b. cisplatin
   c. fluorouracil
   d. irinotecan

8. Which of the following statements related to diet teaching when patients are receiving chemotherapy is NOT true?
   a. Eating small, frequent, high-caloric foods may be more tolerable.
   b. Always offer patients their favorite foods first.
   c. Bland diets with minimal spices may be tolerable.
   d. Maintaining hydration during chemotherapy is critical.

9. Patients with xerostomia are at high risk for:
   a. dental caries
   b. bruising
   c. nausea and vomiting
   d. constipation

10. TPN is:
    a. rarely indicated for nutritional support in cancer patients
    b. rarely administered on an outpatient basis
    c. administered continuously or over a cycled period of time
    d. not associated with infection risk

Evaluation

1. I can explain the difference between weight loss in cancer cachexia and weight loss in starvation.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can list three complications of enteral nutrition.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can discuss nutritional side effects of chemotherapeutic agents.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

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Registration/Answer Form #256

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