1. What causes shingles?
   a. any herpes virus
   b. it is a complication of chickenpox
   c. the varicella-zoster virus (VZV), the same virus that causes chickenpox
   d. the cause is unknown

2. Who is most likely to get shingles?
   a. people who had chickenpox before they turned 6 months old
   b. people ages 30-50
   c. people who never had chickenpox
   d. adults with compromised immune systems and people on immunosuppressive therapy who had chickenpox as children

3. Signs and symptoms of shingles include:
   a. pain, tingling or burning in an area on one side of the body
   b. rash on the legs and feet
   c. difficulty breathing and profuse sweating
   d. enlarged lymph nodes and edema of the extremities

4. Medications used to treat shingles include:
   a. antiviral medications such as acyclovir, famciclovir and valacyclovir
   b. antispasmodics
   c. anti-inflammatory corticosteroids
   d. bacterial skin infections

5. What can people expect after an acute episode of shingles?
   a. shingles usually resolves without complications
   b. temporary or permanent weakness or paralysis
   c. post-herpetic neuralgia
   d. bacterial skin infections

6. What is Ramsey Hunt syndrome?
   a. a complication of shingles with an unknown etiology
   b. a special presentation and/or complication of shingles which occurs when the virus attacks facial nerves
   c. a superimposed infection rarely associated with shingles
   d. a co-morbid condition that resolves when the shingles rash abates

7. How can shingles be prevented?
   a. there is no way to prevent shingles if the person has had chickenpox
   b. common vaccines given to infants and children prevent shingles
   c. avoiding anyone who has chickenpox
d. getting the varicella-zoster vaccine (Zostavax)

8. Which one of the following statements about Zostavax is NOT true?
   a. Zostavax (Zoster Vaccine Live) is a one-time use vaccine that is effective for up to six years.
   b. Zostavax is not used to treat active shingles or post-herpetic neuralgia once it develops.
   c. Zostavax contains thimerosal, a preservation containing mercury.
   d. Zostavax reduces the risk of shingles by about 51% and the risk of post-herpetic neuralgia by 67%.

9. Who should NOT get Zostavax?
   a. a person who does not remember having chickenpox as a child
   b. a person who has had an acute episode of shingles
   c. a person who currently has a shingles rash
   d. a person who wants to avoid thimerosal (a preservative containing mercury)

10. Who pays for the Zostavax vaccine?
    a. Medicare Part B
    b. Medicare Part D
    c. All Medicaid programs
    d. Private health insurances for all adults

Evaluation

1. I can identify how shingles is manifested and treated.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can use the latest evidence-based findings when discussing prevention of shingles.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can guide patients to appropriate resources for treatment and prevention.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

Shingles
Earn 1 Contact Hour NOW!

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LEARNER FEEDBACK QUESTIONS

1. A B C D E
2. A B C D E
3. A B C D E
4. A B C D E
5. A B C D E

EVALUATION

1. A B C D E
2. A B C D E
3. A B C D E
4. A B C D E
5. A B C D E

Who should NOT get Zostavax?

Before June 3, 2015, print this page, complete the multiple choice questions by circling the correct answer and mail or fax to: ADVANCE for Nurses, Learning Scope, 2900 Horizon Dr., King of Prussia, PA 19406; 610-278-1426.

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☐ Critical Care
☐ Infusion Control
☐ OB Nursing
☐ Dermatology
☐ N Therapy
☐ Dialysis
☐ Managed Care
☐ Education
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