1. Which of the following most accurately describes diverticulitis?
   a. A non-inflammatory condition.
   b. A hereditary disease.
   c. An inflammatory condition.
   d. A normal part of aging.

2. Which one of the following is a risk factor for diverticulitis?
   a. Smoking
   b. Heredity
   c. Low-fat diet
   d. Low-fiber diet

3. Which one of the following is a common manifestation of diverticulitis?
   a. Fatigue
   b. Abdominal pain
   c. Weight gain
   d. Headaches

4. In western countries, 70% of patients with diverticulitis complain of which one of the following?
   a. Severe right-sided upper abdominal pain
   b. Mild to severe left-sided lower abdominal pain
   c. Mild to severe right-sided lower abdominal pain
   d. Severe left-sided upper abdominal pain.

5. Which one of the following are the most common complications of diverticulitis?
   a. Bowel herniation, abscesses and fistulas
   b. Perforation, abscesses, hemorrhoids and peritonitis
   c. Perforation, peritonitis, abscesses, bleeding, obstructions and fistulas
   d. Peritonitis, bleeding, obstructions, hemorrhoids and impaction

6. A patient who presents with a rigid, painful abdomen and absent bowel sounds is most likely experiencing which one of the following complications?
   a. Intestinal obstruction
   b. Intestinal abscess
   c. Colovesical fistula
   d. Peritonitis

7. Which diagnostic test is considered the gold standard for diagnosing diverticulitis?
   a. Colonoscopy
   b. Barium enema
   c. Sigmoidoscopy
   d. CT scan

8. According to the modified Hinchey scale, a patient classified as Stage II is described in the following way:
   a. Confined pericolic inflammation
   b. Confined pericolic abscess
   c. Pelvic or distant intra-abdominal abscess
   d. Fecal peritonitis

9. Patients with complicated diverticulitis are usually started on which two IV antibiotics?
   a. Metronidazole and an aminoglycoside
   b. Metronidazole and clindamycin
   c. Fluoroquinolone and an aminoglycoside
   d. Metronidazole and ranitidine

10. What is the recommended daily fiber intake required to prevent diverticulitis?
    a. 20-40 grams
    b. 20-35 grams
    c. 35-45 grams
    d. 5-15 grams

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**Diverticulitis**

*Earn 1 Contact Hour NOW!*

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