1. Nociceptive pain is typically due to which of the following?
   a. Damage or alteration of a component of the nervous system
   b. Tissue damage and/or inflammation
   c. Chronic untreated pain
   d. Diabetes

2. Which pain typically originates in the organs or the lining of body cavities?
   a. Somatic
   b. Neuropathic
   c. Visceral
   d. Chronic

3. What is the most important fact for a nurse to know when assessing pain?
   a. Pain is a subjective sign/symptom.
   b. Pain is an objective sign/symptom.
   c. Pain should only be treated if it is affecting quality of life.
   d. Pain should only be treated if the etiology is known.

4. Which route of administration is preferred for pain medication?
   a. Intramuscular
   b. Intravenous
   c. Subcutaneous
   d. Oral

5. Which of the following pain medication options is recommended for moderate to severe pain?
   a. NSAID
   b. Weak opioid
   c. Strong opioid
   d. Tricyclic antidepressants

6. Why are NSAIDs a popular choice for analgesia?
   a. They are easily titrated.
   b. They do not produce any physiologic or psychologic dependency.
   c. They do not affect renal or hepatic function.
   d. They have few drug-to-drug interactions.

7. Which side effect can worsen with continued use of an opioid?
   a. Somnolence
   b. Nausea
   c. Constipation
   d. Euphoria

8. The nurse is caring for a patient who reports taking six doses of breakthrough medication every day for the last week. What should be the next action?
   a. Further assess patient to determine aggravating pain factors and when, how and what medications the patient is taking.
   b. Immediately contact the healthcare provider for an increased dose of medication.
   c. Tell the patient he needs to decrease the number of doses of breakthrough medication each day.
   d. Refer the patient for addiction counseling.

9. NSAIDs have relatively few side effects in the younger population but may lead to what toxicity in the elderly?
   a. CNS
   b. Cardiovascular
   c. Gastrointestinal and renal
   d. Respiratory

10. Which behavior is most likely associated with addiction to narcotics and/or pain medications?
   a. Hoarding medications
   b. Taking someone else’s pain medication
   c. Expression of worry or anxiety over changing pain medications
   d. Trying to get opioids from more than one provider

### Evaluation

1. I can describe types of pain.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

2. I can identify common barriers to effective pain management.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

3. I can discuss interventions for effective pain management.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

4. The objectives relate to the overall goal of the article.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

5. The article is well-written and logically organized, and defines terms adequately.
   a. strongly agree
   b. agree
   c. neutral
   d. disagree
   e. strongly disagree

### Managing Pain

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7. A B C D
8. A B C D
9. A B C D
10. A B C D

**EVALUATION**

1. A B C D E
2. A B C D E
3. A B C D E
4. A B C D E
5. A B C D E

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